Dick Young's Safe America Chapter III, Part I.

The People's Chemist writes, "State -of -the art science methods prove masks fail to block viral spread. Viruses are everywhere — so tiny a grain of salt is 1,000 times larger." The medical journal *Influenza and Other Respiratory Viruses* showed "no relationship between mask/respirator and protection against influenza protection."

The People's Chemist concludes, "We can rest easy knowing that the best way to avoid illness is to protect and bolster the immune system."

Over the past two years, I have assembled a package of trusted supplements that appear to be useful in bolstering the immune system.



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